

FORT VALLEY STATE UNIVERSITY™  
A State and Land-Grant Institution • University System of Georgia  
COLLEGE OF AGRICULTURE, FAMILY SCIENCES AND TECHNOLOGY  
COOPERATIVE EXTENSION PROGRAM

# Family and Consumer Sciences



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**FVSU Cooperative Extension Program**

**November 2012**

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Issued in furtherance of Cooperative Extension Work Act of September 29, 1977, in cooperation with the U. S. Department of Agriculture, Mark Latimore Jr., Interim Assistant Vice President for Land-Grant Affairs for the Office of Academic Affairs, College of Agriculture, Family Sciences and Technology, Fort Valley State University, a State and Land-Grant Institution, University System of Georgia. The Cooperative Extension Program of Fort Valley State University College of Agriculture, Family Sciences and Technology offers educational programs, materials and services to all persons without regard to race, gender, ethnicity, national origin, sexual orientation, religion, age, disability or marital or veteran status.

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Fort Valley State University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate, baccalaureate and master's degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Fort Valley State University.

**The Housing Program** focuses on helping Georgians obtain and maintain safe, sanitary, energy efficient and affordable housing. In addition, the program looks at raising the awareness of the state's rural housing needs. It also provides the state's community and economic development practitioners the tools needed to meet the challenges facing communities.

- HomeGrown Homebuyer Education
- Healthy Homes/Energy Conversation
- Housing Education & Long-term Planning
- Securing Money Assets and Resources Through Training SMARTT
- Under One Roof Housing Conference

### **The Food Safety/Nutrition Education and Health Program**

is designed to provide clientele and concerned consumers with current information on nutrition, food selection and preparation, food quality, diet, health, risks for chronic diseases and safe food handling practices to minimize the risks of food-borne illness. The program focuses on the needs of Georgians suffering from obesity, cancer, hypertension, diabetes and heart disease. Eating nutritious foods and increasing physical activity are promoted.

- Nutrition Education
- Food Safety and Food Preservation
- ServeSafe Training
- Health Awareness Programs/Health Fairs
- Nutricise
- Farmers Market Program

### **The Apparel and Textiles Program**

focuses on apparel selection, care, performance, labeling requirements, design, safety and innovative technological developments in textile fibers. The workforce preparation program focuses on helping individuals make the transition from unemployment to work. Participants develop a positive self-image and develop good wardrobe communication skills for seeking employment.

- Workforce preparation
- Back-to-school programs
- Apparel & textiles foundation training

### **The Expanded Food and Nutrition Education Program (EFNEP)**

is designed to help parents feed their children healthier meals and snacks, save money on food and reduce the risk of food-borne illnesses. Nutrition education is also provided to youth ages 4-18. EFNEP is funded by the U.S. Department of Agriculture and offered in every state and U.S. territory. In Georgia, EFNEP is offered through Fort Valley State University and University of Georgia.

### **The Family Resource Management Program**

focuses on consumer education programs designed to help consumers improve their economic situations, financial statuses and resource management techniques during hard economic times. The program highlights steps consumers can take to manage their resources on a limited budget. It also teaches participants the benefits of self-control needed to cut costs and reduce spending. In addition, the program focuses on family financial management, and emphasizes early intervention, saving, wealth and workforce preparation.

- SMART: Train-the-Trainer Programs
- Family Financial Management
- Financial Management 101 for young adults
- America Saves
- Small Steps to Health & Wealth
- Consumer Education Program

**The Family Life Program** is designed to focus on critical issues impacting individuals, families and communities in Georgia. The program provides parents, families, community leaders and professionals the most up-to-date and researched-based concepts of positive development for youths, families and communities to improve the quality of life for all Americans.

- Parent Education Program
- Basic Life Skills Program
- Senior Life Program

**FAMILY &  
CONSUMER  
SCIENCES**



*Creating Healthy & Sustainable Families*



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